

Survey Outline

1. Content

Survey on changes in awareness of mutual help during COVID-19 pandemic

2. Method

(1) Survey targets: Residents in Japan, 15 to 79 years old

a. Gender (Unit: Person)

Male	Female
1,482	1,518

b. Age (Unit: Person)

15-19	20-29	30-39	40-49	50-59	60-69	70-79
182	362	463	553	466	550	424

c. Residential area (Unit: Person)

Hokkaido/ Tohoku	Kanto	Chubu	Kansai	Chugoku/ Shikoku	Kyushu
342	1,029	544	490	262	333

(2) Survey period: 6 June 2020 to 8 June 2020

(3) Survey method: Internet survey

(4) Valid responses: 3,000

3. Results

Have you been affected by the COVID-19 pandemic?

Total	Affected	Somewhat affected	Not so affected	Not affected at all
3,000	1,080	1,016	583	321
100.0 (%)	36.0	33.9	19.4	10.7

Have you been affected by the COVID-19 pandemic (by age)

Age	Number/%	Affected	Somewhat affected	Not so affected	Not affected at all
15-19	182	103	56	15	8
	100.0 (%)	56.6	30.8	8.2	4.4
20-29	362	133	114	67	48
	100.0 (%)	36.7	31.5	18.5	13.3
30-39	463	159	160	94	50
	100.0 (%)	34.3	34.6	20.3	10.8
40-49	553	197	182	119	55
	100.0 (%)	35.6	32.9	21.5	9.9
50-59	466	176	155	87	48
	100.0 (%)	37.8	33.3	18.7	10.3
60-69	550	192	188	111	59
	100.0 (%)	34.9	34.2	20.2	10.7
70-79	424	120	161	90	53
	100.0 (%)	28.3	38.0	21.2	12.5

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Can you tell us one of the most changed factors in your behaviour due to the impact of the COVID-19 pandemic?

Total	Travel & Leisure	Work & School	Shopping	Eating out	Health	Contact with others	Others	No change
3,000	956	644	193	257	105	505	39	301
100.0 (%)	31.9	21.5	6.4	8.6	3.5	16.8	1.3	10.0

Can you tell us one of the most changed factors in your behaviour due to the impact of the COVID-19 pandemic? (by age)

Age	Number/%	Travel & Leisure	Work & School	Shopping	Eating out	Health	Contact with others	Others	No change
15-19	182	35	111	4	5	4	9	2	12
	100.0 (%)	19.2	61.0	2.2	2.7	2.2	4.9	1.1	6.6
20-29	362	98	94	24	35	8	45	5	53
	100.0 (%)	27.1	26.0	6.6	9.7	2.2	12.4	1.4	14.6
30-39	463	156	89	32	43	11	66	3	63
	100.0 (%)	33.7	19.2	6.9	9.3	2.4	14.3	0.6	13.6
40-49	553	180	120	38	49	12	89	6	59
	100.0 (%)	32.5	21.7	6.9	8.9	2.2	16.1	1.1	10.7
50-59	466	143	125	24	40	24	68	6	36
	100.0 (%)	30.7	26.8	5.2	8.6	5.2	14.6	1.3	7.7
60-69	550	179	77	31	57	29	122	7	48
	100.0 (%)	32.5	14.0	5.6	10.4	5.3	22.2	1.3	8.7
70-79	424	165	28	40	28	17	106	10	30
	100.0 (%)	38.9	6.6	9.4	6.6	4.0	25.0	2.4	7.1

Please tell us what changed in your awareness due to the influence of the COVID-19 pandemic.

Total	Awareness of work	Awareness of family members and others	Awareness of IT utilization	Awareness of the living environment	Awareness of society	Awareness of health	Others	No change
3,000	305	543	108	395	233	842	6	568
100.0 (%)	10.2	18.1	3.6	13.2	7.8	28.1	0.2	18.9

How did you feel that "mutual help" in society changed under the circumstances of the declaration of emergency?

Total	Increased than before	Slightly increased than before	No change	Slightly decreased than before	Decreased than before
3,000	205	779	1,738	162	116
100.0 (%)	6.8	26.0	57.9	5.4	3.9

What kind of people did you feel helped by under the circumstances of the declaration of emergency? (Multiple answers allowed)

Total	Family	Friends & acquaintances, boyfriend or girlfriend	Colleagues & customers	Neighbours	Essential workers	People who are communicated via the internet/SNS	Others	Didn't feel helped
—	1,768	784	443	328	949	276	21	691
— (%)	58.9	26.1	14.8	10.9	31.6	9.2	0.7	23.0

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Of the following who you feel helped by under the circumstances of the declaration of emergency, who is the one you most appreciate?

Total	Family	Friends & acquaintances, boyfriend or girlfriend	Colleagues & customers	Neighbours	Essential workers	People who are communicated via the internet/ SNS	Others	Didn't feel helped
2,309	1,193	150	53	36	510	33	12	322
100.0 (%)	51.7	6.5	2.3	1.6	22.1	1.4	0.5	13.9

Did you increase your own awareness of mutual help under the life of the declaration of emergency?

Total	Increased	Somewhat increased	Didn't increase much	Didn't increase at all
3,000	537	1,470	711	282
100.0 (%)	17.9	49.0	23.7	9.4

Please tell us about your empathy for "a society full of mutual help".

Total	Empathetic	Somewhat empathetic	Not very empathetic	Not empathetic at all
3,000	840	1,627	397	136
100.0 (%)	28.0	54.2	13.2	4.5

Do you agree that society is full of mutual help?

Total	Strongly agree	Agree	Disagree	Strongly disagree
3,000	175	1,208	1,289	328
100.0 (%)	5.8	40.3	43.0	10.9

Do you agree that society will need mutual help in the near future?

Total	Strongly agree	Agree	Disagree	Strongly disagree
3,000	1,335	1,372	206	87
100.0 (%)	44.5	45.7	6.9	2.9